



Sorrento Duncraig Junior Cricket Club

Coaches Pack 2025/26



A note from the president

Thank you for volunteering your time to coach one of our Sorrento Duncraig Junior Cricket Club (SDJCC) teams, our club can only run with the support of volunteers like yourself. The committee and I are committed to help you find your role as coach rewarding, whilst helping you foster a fun, positive and safe environment for every player to develop.

As a grass roots community club, the objective we like our coaches to focus on is having all our players returning to play next year. Together with the WACA, the Community Junior Cricket Council (CJCC) and our association the North-West Metropolitan Cricket Association (NWMCA), we embrace 'The Australian Way' to inspire a lifelong love and involvement in the game. This coaches pack pulls together just some of the excellent support resources available to you as a coach and we strongly encourage you to start (or continue) your journey along the coaching accreditation pathway, developing your own coaching philosophy along the way.

I wish you all the very best for the season ahead and if you have any questions or require any further support please reach out to either myself or Dan Bowden our coaches coordinator for 2025/26.

Regards,

Stephen Molyneux

SDJCC President

Vision, Mission and Values of SDJCC



Our Vision: Create enjoyable experiences through cricket, where everyone progresses and is proud to be involved.

Our Mission: To foster the game of cricket, participation, skill development, fair play, and a sense of community.

Our Values:

FUN: We create an enjoyable and supportive environment, celebrate each other's achievements, embrace challenges together, and ensure everyone returns time and time again.

INCLUSIVITY: We welcome everyone into our club and community. We celebrate diversity and create an inclusive space where everyone feels valued and has the opportunity to participate and contribute.

INTEGRITY: We champion the spirit of cricket and create trust through transparency, honesty, humility, fairness and respect.

COMMUNITY: We unite in our enjoyment for the game, bringing people together to create a community spirit that resonates beyond the field.

Support sessions



Train & Transform Volunteer Education



Dates	Time	Location
Monday Sept 22	6:00 – 9:00pm	WACA Ground, East Perth
Tuesday Sept 23	6:00 – 9:00pm	Lakelands Sporting Facility
Wednesday Oct 8	6:00 – 9:00pm	Kingsley Park, Kingsley
Monday Oct 20	6:00 – 9:00pm	Scott Reserve, High Wycombe

Train & Transform Sessions bring together Umpire Accreditation Course, Community Coach Course, Woolworths Cricket Blast Training and Scorer/Match Management support all in a single location. Register via links below:

[Community Coaching Course](#)

[Woolworths Cricket Blast Training](#)

[Umpire Accreditation](#)

[Scorer/Match Management Training \(WACA Ground Only\)](#)

**For more Info Contact -
Community.Coaching@WACricket.com.au**

SDJCC escort night 7pm Monday 6th Oct, Seacrest

Training



	Seacrest East		Robin		Marri		Meleene		Percy Doyle
	Time	Team	Time	Team	Time	Team	Time	Team	
Monday	4-6pm	U14s Extra Session				U15Girls			U13 Girls
Tuesday			4-5; 5-6;5-630	U10Y; U11G; U12B	4-5;5-630	U11B; U12W	4-5	U10Bl	
Wednesday		U15B;U14B	4.30 - 5.30	U10W		U10G	430	U12Y	
Thursday	330-430pm	U14Y		U10R		U13Y		U14B	
Friday	330;445	U11Y;U10B							

PlayHQ – Coaches Registration



North West Metropolitan Cricket Association, Summer 2023/24, North West Metropolitan Cricket Association (WA)

Choose User	Choose Role	Participant Details	Fees	Payment & Summary
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Register as a:

	Player	☐
	Coach	☐
	Team Manager	☐
	Official	☐
	Volunteer	☐

Continue →

Back

All coaches and managers are required to register themselves in PlayHQ. If not already, please register ASAP so that we can allocate you access to administer your team.

Please note: You will be asked to provide a Working with Children's registration number. This is not required if your child plays in the team you are coaching, although you will need to enter a random date and number into the system

Colored Playing Shirts



SDJCC COMPLIMENTARY POLO - ALL JUNIOR PLAYERS

\$0.00 AUD

PLAYER NAME *

AGE GROUP/TEAM *

COMPLIMENTARY PLAYING POLO SIZE *

Please choose ▼

 SIZE GUIDE

QTY

- 1 +

ADD TO CART

SDJCC COMPLIMENTARY Polo - All Junior Players is backordered and will ship as soon as it is back in stock.

Child Safety



SDJCC Child Safety Officer – Louella Frost.

1) Please read, sign and return the Looking after Our Kids Acknowledgement Form. 2) Highly encourage completing the “Need to Know: Child Safety” e-learning module, and email me your Certificate of Completion.

Further e-learning, and key documents, handy tip sheets etc at

<https://play.cricket.com.au/community/resources/player-safety/child-safety#learn>

We want every child and young person in our club to have a safe, fun, and enjoyable experience.

Everyone's Responsibility

Unfortunately, child abuse is not an issue of the past. 1 in 5 girls and 1 in 8 boys have experienced sexual abuse.

Everyone in this room is responsible for looking out for the safety of children and young people

Our club has made a commitment to children and young people and their parents/guardians to provide a safe physical and online environment for all children and young people.

Coaches, junior coordinators and Blast coordinators engage most frequently with children and young people. You need to follow our Code of Behaviour and look out for the safety of junior members.

About Child Abuse



Abuse is an incident, or multiple incidents, which causes, is causing or is likely to cause a detrimental effect to a child or young person's physical, psychological, or emotional wellbeing

Insight: Most child abuse is committed by persons known to the victim and most forms of abuse – physical, emotional, neglect and witnessing domestic violence – are perpetrated by people in parental and caregiver roles.

Insight: Research shows child sexual abuse is more likely committed by adults within and around the family, including 'non-familial known persons,' being adults who have contact with children in schools, sporting clubs and other settings.

Insight: Child sexual abuse is predominantly perpetrated by males, and one-third to half of abuse is perpetrated by males under the age of 18.

About Grooming



Grooming is a process where an adult establishes a trusting relationship with a child or young person and those close to them, to create an environment in which abuse can occur

Insight: Grooming can take place in any setting, including without limitation training, at a match, in social settings, text messages, social media, online chatrooms or any other means of communication.

Insight: the Royal Commission identified ways grooming has occurred in sporting settings:

Through the erosion of interpersonal boundaries by subtle behaviours. The development of close coach and player relationships is a situation which can be exploited.

Through inappropriate activities such as providing alcohol, unsolicited gifts or favours to build a secret bond that is hidden from others.

Watch: [NSW Office of the Children's Guardian video about Grooming](#)

Risk Factors



Clubs reflect their local communities, meaning various normalised cultures and other factors can increase the risk of abuse occurring at a club

Insight: the Royal Commission identified factors that can increase the risk of child abuse occurring:

A deeper level of involvement with an organisation increases the likelihood of exposure to risky situations.

When adults or the organisation's reputation are valued above the safety of children.

Normalised cultures of bullying and harassment create a heightened risk of abuse.

Insight: some children are more vulnerable than others to abuse. They might:

Have a disability or mental health issues;

Be socially isolated, experiencing poverty, divorce or trauma;

Have previously been a victim of abuse or maltreatment;

Have experienced racism, sexism or homophobia.

Question: Do any of the risk factors or indicators of vulnerability resonate with our club?

Recognising Abuse



All of us need to keep an eye for signs that a child or young person at our club has suffered any form of abuse

Indicators of **grooming**

- Development of an unusually close relationship between an adult and child
- Mood changes, including anxious, depressive or withdrawn behaviours
- Being secretive about the use of online technology and social media

Indicators of **sexual abuse**

- Direct or indirect disclosures of abuse
- Fear of particular adults or places
- Concerning or age-inappropriate sexual behaviours

Indicators of **neglect**

- Being consistently hungry, tired, and listless
- Little positive interaction with a parent, carer, or guardian
- aggressive behaviour or irritability

Your Role



We all have a role to play

All of us

- Discuss child safety at committee meetings
- Adhere to our Policy requirements to recruit and screen new members
- Prioritise the safety and well-being of Children and Young People involved in our sport
- Report any suspicions or allegations of abuse/grooming and any behaviour which breaches our Code of Behaviour

Your responsibilities

Adhere to the Code of Behaviour by:

- **Never engaging in sexual misconduct and inappropriate physical contact;**
- **Providing positive guidance and discipline;**
- **Acting within the scope of your role;**
- **Never using language that is harmful, discriminatory, racist, sexist, homophobic, biphobic or transphobic;**
- **Avoiding one-to-one unsupervised situations, including avoiding transporting children without explicit parent/guardian and club consent;**
- **Restricting communication with children and young people to issues directly related to the club and never communicating online with children without including you as the parent/guardian;**
- **Never supplying children with alcohol or drugs;**
- **Always obtaining parent/guardian consent for photographs, footage or livestreaming involving children;**

Empowering Children

- **Treat all young people equally and don't have favourites**
- **Be transparent with the committee about your engagement and interactions with children and young people**
- **Don't ask children and young people to share things that are personal and private, except in the context of providing support or care**
- **Don't share private information that is not relevant to your role**
- **Don't interact with children and young people outside of the club (except with the knowledge and permission of our club and parent/guardians)**
- **Have transparent relationships with children and young people, with clear goals and outcomes**

Reporting or Responding to Concerns



If you have any concerns, suspicions or receive an allegation of abuse, let me know straight away. See something, say something!

We have a process in our Policy (Annexure B of Australian Cricket's Policy for Safeguarding Children and Young People) which outlines the process for responding to any allegations of abuse at our club.

Insight: Research indicates children are most likely to report abuse to their mum, then a friend, then their dad. Any concerns mentioned to you must be relayed to me immediately.

Louella Frost, Child Safety Officer

Ph 0424 320 746

Email: sdjcc.childsafe@gmail.com

My contact details are also on the flyers in the club and in your emails from me.



Thank You and General Child Safety Guidance

We want every child and young person in our club to have a safe, fun, enjoyable experience

- Please ensure you have consent from the parent before taking a photo of their child
- Sign the Looking after our Kids Acknowledgement Form and email to me. Consider doing the E-Learning. Note that a Working with Children Check is required to be supplied to the Child Safety Officer for anyone not a parent
- Manager to ask parents to post a message in your team WhatsApp if another parent will be transporting their child home from a training or match.
- Players to buddy up when visiting public toilets
- Physical safety – please report any incidents / near-misses involving off-leash dogs, so Child Safety Officer can report to City of Joondalup
- SDJCC Drug and Alcohol policy, key message is that parents cannot drink alcohol or consume drugs when they are providing services for junior cricket.
- Avoid one on one unsupervised contact with children and young people at all times, other than your own child.

Always be positive, safe, and let's all have fun!

Discuss in pairs, what's one thing you will do this season to keep an eye out for the safety of children and young people?



Please complete this short survey regarding your potential interest in first aid training

<https://www.surveymonkey.com/r/3NTR8WW>

JUNIOR CRICKET COACH

For the love of helping kids develop skills through fun and inclusive playing experiences.



Your role

- Create fun, safe and inclusive playing experiences that inspire kids to keep learning and playing cricket.
- Help players develop their skills (physical, psychological, social and cognitive).
- Facilitate fair and respectful play at training and on match day.
- Guide individual and team progression.
- Help junior players transition to Senior Cricket successfully.

JUNIOR CRICKET COACH

For the love of helping kids develop skills through fun and inclusive playing experiences.



Gauging success



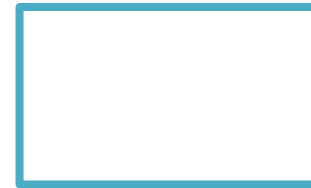
- Player skills develop over time.
- The team is engaged in games and skill development activities.
- You receive positive feedback from players, parents and others.
- You see a great turn out every week.
- Volunteers and parents are committed to supporting your team.
- Players return to play for your club or team next season.

Coaching Courses 2025/26

Community Coaching Course

Provides junior cricket and community coaches information, strategies, and resources to create enjoyable learning experiences for stages 1, 2, and 3 cricketers.

- **Wednesday October 8 – North Metro, Kingsley Park**
- **Monday October 20 – East Metro, Scott Reserve**



The **Community Coach Course is free** and is open to anyone who is interested in supporting junior cricketers **including coaches, team managers and parents.**

Advanced Coach Course

Designed for junior and senior coaches who are looking to develop deeper knowledge of coaching cricket. The course will extend your understanding of the game, your professional cricket skills and how you coach.

- **Sunday September 28 – James Miller Reserve, Manning**

The **Advanced Coaching Course** has a \$250-\$300 cost per participant. Please reach out to our coach's coordinator if you would like to attend and for SDJCC to consider supporting you on your journey.

Register Here: <https://play.cricket.com.au/community/coach/coach-development/courses>

(Need 'Cricket Plus' login - same as previous Cricket ID)



Training sessions

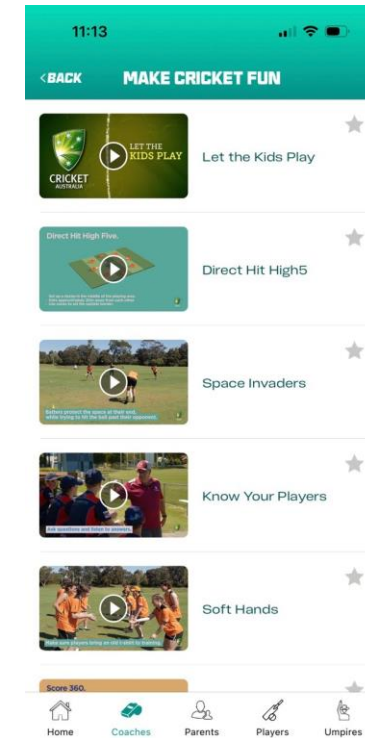
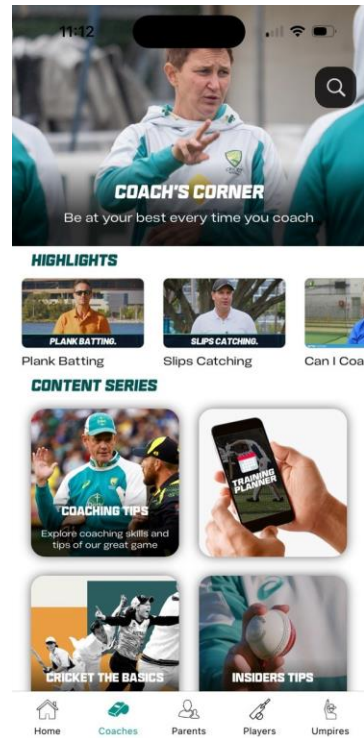
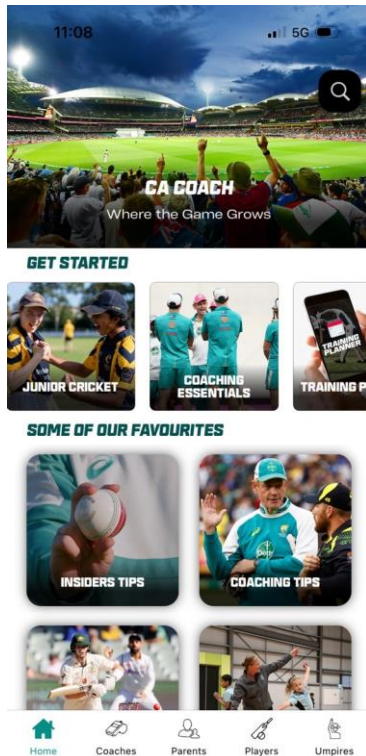
You only have so many minutes in a training session...

And of that time, probably even less minutes of focus from your players.

- Is everyone having fun?
- Is everyone engaged, even when they don't have the ball?
- Does the activity suit your most and least talented players, at the same time?
- Can you make the activity easier and/or harder? Possibly have a “mild, medium and spicy” version of each activity that you can tilt to each players ability.
- Is it competitive in a good way – rewarding goal behaviours rather than punishing others.
- How much time (as a %) do you spend fielding at training vs a game?

CA Coach App

- The CA Coach app is full of tools, tips and ideas to keep your sessions enjoyable, whilst helping players develop.



Game Day

Game days are opportunities for players to put into practice what they are learning at training, they are not the time to try to teach new skills.

<https://www.communityjuniorcricketwa.com/gameday>

[Home](#)[About Us](#)[Administration](#)[Game Day](#)

GAME DAY

[Game Day Checklist](#)[Match Report Form](#)[Rotation Creator](#)[Fixtures](#)[Dispensations](#)

Game Day Rules



Stage 1
Year 4 and Year 5 Boys,
Year 4-5, Year 6-7 Girls
Participation focussed with strong emphasis on having fun with friends. Everyone bats and bowls!

[Read More](#)



Stage 2
Year 6 and Year 7 Boys,
Year 8-9 Girls
Mix of participation focussed matches and competitive matches. Main focus on having fun with friends, old and new!

[Read More](#)



Stage 3
Year 8, Year 9 and Year 10-11 Boys,
Year 10-11-12 Girls
More competitive matches, but focus is still on having fun with friends. Take more wickets, make more runs!

[Read More](#)



POLICIES AND PROCEDURES

Ensure a safe, fair, and enjoyable cricket experience by familiarising yourself with our guidelines. From child safeguarding to Covid protocols and playing conditions, all essential policies are here to guide players, staff, and spectators alike. Access key documents, including our Codes of Behaviour and concussion updates, to stay updated and compliant.

CJCC Child Safeguarding Guidelines

Download 

CJCC Codes of Behaviour

Download 

CJCC Covid Guidelines

Download 

CJCC Extreme Event Guidelines

Download 

CJCC Heat Guideline

Download 

CJCC Playing Conditions and Match Detail Penalties

Download 

CJCC Policies and Procedures

Download 

Cricket Australia Updated Concussion Guidelines

Download 

Cricket Australia Updated Concussion Letter

Download 



<https://www.communityjuniorcricketwa.com/policies-and-procedures>

Supporting you and your teams



Stage 1 (Boys u10's & u11's; Girls u13's)	Stage 2 (Boys u12's & u13's; Girls u15's)	Stage 3 (Boys u14's & u15's)
• WA Cricket (TBC: Tuesday 22nd October – Robin Park) • Paolo Franzoni (TBC: Nov/Dec)	• Paolo Franzoni: Friday 18th October – Seacrest Park	• TBC

TBC: Wicket Keeping Masterclass

- Designed to help coaches develop skills and activities for wicketkeepers
- Will invite interested keepers from our Stage 2 & 3 teams

Equipment



All Teams provided with the following equipment:

- Equipment & Kit bag
 - Stage 1 (U10/U11B, U13G) - provided bats, gloves, pads, helmets, wicket keeper gloves/pads, match balls, training equipment/balls, ground set up/match day equipment, first aid kit
 - Stage 2 (U12/U13B, U15G) - provided match balls, wicket keeper gloves/pads, training equipment/balls, ground set up/match day equipment, first aid kit
 - Stage 3 (U14/15B) - provided match balls, additional training equipment, wicket keeper gloves/pads, ground set up/match day equipment, first aid kit
- Gazebo x 1 (Collect from shed)
- Scorers Table x 1 (Collect from shed)
- Scorebook x 1 (To be provided)
- Additional/replacement equipment can be provided upon request.
- Ensure equipment is looked after/used as intended and returned and end of season
- Contact Jono Bourdillon on 0427 489 737 or sdjccequipment@gmail.com



Equipment Care - Please look after SDJCC cricket kit as if it were your own. Following measures will greatly assist.

Pre-Season

- clearly permanent label all equipment 'SDJCC' including training and match balls.
- encourage all families to label their personal kit.
- teach / encourage kids not to 'pick' at bat grips & bat surfaces.

During Season

- at each training session & match, pack stumps & bats at the base of the bag, helmets & pads on top (cricket bags will last much longer)
- return any excess equipment to make yours and the kit bag's life easier

Post Season

- return kit including balls against checklist after last match of the season

Social Media



SDJCC is targeting a larger Social Media presence for 2025/6.

This will help the club with:

- Increase in access to a large and diverse audience.
- Attract new players.
- Promoting the club and attracting sponsors.

Our Platforms:

- Website : <https://www.sdjcc.com.au/> **NEW**
-  Facebook : **Sorrento Duncraig Junior Cricket Club**
-  Instagram : **sdjcc_kookaburras** **NEW**



Social Media (cont)



Join our whatsapp social channel. Share images and moments from the game. This can include player milestones, team milestones or sharing awards from our partners.



Help us be responsible online

- Ensure you are aware of players in your team that have opted-out for use of images on social media and website.
- If you see any images of players from your team online that have opted out, comment, contact any member of the committee, or reach out via whatsapp.

Club resources & contacts



TITLE	NAME	EMAIL ADDRESS	PHONE
President	Stephen Molyneux	sdjccpresident@gmail.com	0428 047 906
Secretary	Michael Cornwall	sdjccsecretary@gmail.com	0438 840 504
Registrar	David Bird	sdjccregistrar@gmail.com	0437 108 836
Treasurer	David Stockill	treasurersdjcc@gmail.com	0418 918 036
Coaches Coordinator	Dan Bowden	sdjcccoach@gmail.com	0439102594
Uniform	Nigel Bullen	nigel@effero.com.au	0401 787 816
Child Safety Officer	Louella Frost	sdjcc.childsafe@gmail.com	0424 320 746
Equipment Manager	Jono Bourdillon	sdjccequipment@gmail.com	0427 489 737